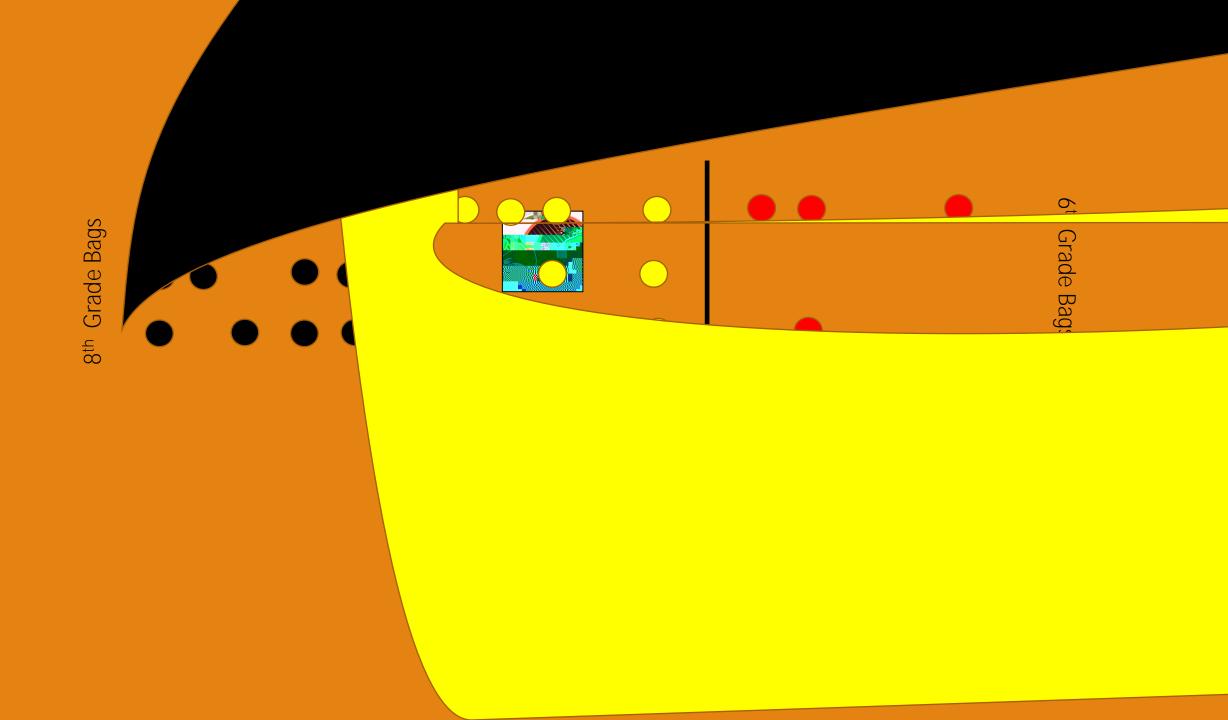


### L.A. Ainger Middle School Physical Education and Health

6<sup>th</sup> Grade Coach Odenbach Lexi.odenbach@yourcharlotteschools.net

7<sup>th</sup> Grade Coach DeSantis Scott.desantis@yourcharlotteschools.net

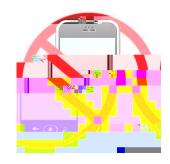
8<sup>th</sup> Grade Coach Stier mark.stier@yourcharlotteschools.net



## 10 Rule

Students shall only be per mitted to use the restroom:

### First Ten



## Cell Phone & Electronic Device Policy



Cellular phones or other communication devices used during the school day or on the school bus without specific permission will be <u>confiscated</u>.

<u>Confiscated devices may be released to the parent/guardian</u> at the end of the academic day that the incident occurs or before or after school in the days following.



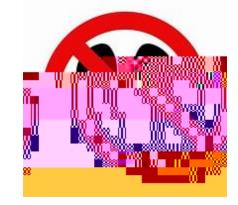
#### Dress out clothes:

Students are to wear comfortable loose clothing.

Students must wear tennis shoes/sneakers when participating in class:



<u>No Crocs</u>
No Slides
No Sandles



<u>Students may NOT wear hoodies during class –</u> this is a safety and liability issue.

### Intramural Basketball

Who: Any 6th, 7th, or 8th grade Ainger Student

What: An intramural program to learn and/or participate in Basketball

Where: L.A. Ainger Gym

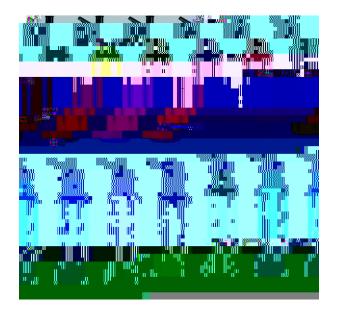
When: 4:15 - 5:30 on Monday, Tuesday, Wednesday and Thursday (EXCEPT activity days or non-school days)

Start Date: August 14th – August 18th Resumes Again: October 9<sup>th</sup> – October 26th

# **Expectations for class**

#### Water bottles:

Students should bring a water bottle with them to class.



#### End of Class:

Students may retrieve their bags and sit in their assigned spots.

Students will NOT be dismissed from the gym until the instructor has released them. All students will remain seated until that time.

On your note cards...

Name:

Favorite Sport:

What activities would you like to see offered in P.E.?

Have you used CANVAS in your classes?

Do you have a computer at home?