

Website links for Family Resources:

[Transitioning to Kindergarten Booklist \(aft.org\)](#)

[How to Get Kids on a School Sleep Schedule | Understood - For learning and thinking differences](#)

[My Child Doesn't Want to Go to School: What to Say | Understood - For learning and thinking differences](#)

[How to Get Your Child to Talk About School | Understood - For learning and thinking differences](#)

[Get Ready to Read!](#)