

What Should I Expect From My Four-year-old?

Physical Development:

- Weight gain of 6 pounds
- Height should be double what the child's length was at birth
- May sleep 10-12 hours nightly, may still need an afternoon nap
- Appetite varies, with like and dislike of certain foods changing

Language:

- Approximate vocabulary of 1500 or more words
- Asks questions continually
- Can carry on a conversation with few sound errors
- Speaks in sentences

listens to and tells "tall tales"



Motor:

- Draws a house and a man with two parts
- Strings small objects on string, like Cheerios or Fruit Loops
- Climbs a ladder
- Hops on 1 foot
- Builds a tower with 10 blocks
- Stands and balances on 1 foot for 10 seconds
- Catches a ball when bounced
- From an example, he can print capital letters and simple words randomly on blank paper
- Opens a door by turning the doorknob
- Completes 5-6 piece puzzles
- Holds a pencil appropriately
- Walks forward, sideways, and backwards
- Walks downstairs by placing one foot on each step

Self-Help:

- Dresses and undresses self, including buttoness90 471.84 56Td 3laj /TT1 1 Tf1 -1MCID 53

