

Preparing the Student to Write

Students that are exhibiting low energy/activity levels such as slumping in their seat, decreased interest, or appear “sleep

Classroom Positioning

Sitting Posture

- o Trunk should be upright with feet flat on the floor
- o Arms flexed, approximately 2" below desktop
- o Student should be facing the teacher

Alternate Writing Positions

- o Chalkboard activities promote functional hand position, postural stability and fewer distractions
- o Sitting on a ball
- o Lying on stomach on the floor
- o Sitting in a bean bag chair
- o Kneeling at a low table

Paper Position

- o Right-handed student – paper should be tilted 25-30 degrees to the left
- o Left-handed student – paper should be tilted 30-35 degrees to the right
- o Non-dominant hand should assist with stabilization of paper

Pencil Grasp

- o Open web space between the thumb and index finger, various grips are acceptable

REFERENCE

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Levine-Johnson, Kristin. (1991). Fine motor dysfunction therapeutic strategies in the classroom. Therapy Skill Builders: Tucson, AZ.