

Standard 6: Value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

General Information

Number: PE.8.R.6

Title: Value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Type: Standard

Subject: Physical Education

Grade: 8

Strand: Responsible Behaviors and Values

This cluster includes the following benchmarks

Code	Description
PE.8.R.6.1:	Discuss opportunities for participation in a variety of physical activities outside of the school setting that contribute to personal enjoyment and the attainment or maintenance of a healthy lifestyle.
PE.8.R.6.2:	

Supported

Access Point Number	Access Point Title
PE.8.R.6.Su.a:	Identify opportunities for participation in physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle.
PE.8.R.6.Su.b:	Recognize selected potential benefits of participation in a variety of physical activities, such as physical, mental, emotional and social benefits.
PE.8.R.6.Su.c:	Recognize similarities in games, sports or physical activities from other cultures.

Participatory

Access Point Number	
---------------------	--